

# Parent Night & Staff In-Services Available: Understanding Teen/Young Adult Substance Abuse & Addiction



## **Presentation Contents:**

1. Drug Trends in Our Area
2. The 60's & 70's vs. Today
3. Understanding Commonly Abused Drugs
4. Discerning the Progression of Chemical Use: Experimentation to Addiction
5. The Emotional Illness of Substance Abuse
6. The Relationship to Intoxication
7. Adolescent Denial
8. The Effects of Drugs on the Developing Brain
9. Why Teens Progress Rapidly from Experimentation to Addiction: The Contributing Variables
10. The Impact of Marijuana on the Brain
11. Parental & Professional Denial and Enabling
12. The Role of Parent Child Attachment
13. Helpful Tips for Parents & Professionals
14. Interventions & Community Resources

## **For More Information Contact:**

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Jon Daily LCSW, CADC II co-authored the 2006 book "How to Help Your Child Become Drug Free." Currently, he instructs a graduate school course on chemical dependency for the University of San Francisco. He has been an instructor for UC Davis and Sacramento County Probation. In addition to teaching, Jon has given multiple local and national television (The Today Show) and radio presentations regarding substance use issues.

As the recipient of the 1998 Youth Program Award by the National Council on Alcoholism and Drug Dependence, he was honored for his design and implementation of a intervention curriculum. In addition to training counselors, developing programs and counseling adolescents & young adults and their families, Jon provides presentations to schools, parent groups and community forums.

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